




HERON HILL PRIMARY SCHOOL

WEEK 1 (1/1, 22/1, 19/2 & 11/3)

Freshly
made
every day!

DAY	CHOICE 1	 CHOICE 2	CHOICE 3	PUDDING
Monday	Mac and Cheese served with Garlic Flatbread and Sweetcorn	Cheese and Tomato Pizza served with Half a Jacket Potato and Sweetcorn	Oven Baked Jacket Potato filled with Cheese & Beans, Cheese, Beans or Tuna served with Mixed Salad	Flapjack or Low-Fat Yoghurt and Fruit Salad
Tuesday	Mild Chicken Curry served with Rice, ½ Garlic Naan Bread and Mixed Peppers	Cheese Flan served with Jacket Wedges and Mixed Pepper Salad	Assorted Sandwiches filled with Cheese, Ham or Tuna served with Carrot & Cucumber Sticks	Orange Jelly and Mandarins or Frozen Yoghurt or Fruit Salad
Wednesday	Roast Chicken Fillet served with Creamed Potatoes, Carrot & Pea Medley and Gravy	Vegetable Sausages served with Creamed Potatoes, Carrot & Pea Medley and Gravy	Oven Baked Jacket Potato filled with Cheese & Beans, Cheese, Beans or Tuna served with Mixed Salad	Jam & Coconut Sponge with Custard or Frozen Yoghurt or Fruit Salad
Thursday	Pork Sausages served with Creamed Potatoes and Baked Beans	Roasted Vegetable Pasta served with Broccoli and Crusty Bread	Oven Baked Jacket Potato filled with Cheese & Beans, Cheese, Beans or Tuna served with Mixed Salad	Vanilla and Raspberry Cookie or Low-Fat Yoghurt and Fruit Salad
Friday	Breaded Salmon Goujons served with Chips and Garden Peas	Kitchen Made Veggie Burger served with Chips and Garden Peas	Assorted Sandwiches filled with Cheese, Ham or Tuna served with Carrot and Cucumber Sticks	Marble Cake or Low-Fat Yoghurt and Fruit Salad

Available Daily: Fresh Fruit and Salad Bar



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HERON HILL PRIMARY SCHOOL

WEEK 2 (8/1, 29/1, 26/2 & 18/3)

Freshly
made
every day!



DAY

CHOICE 1

CHOICE 2

CHOICE 3

PUDDING

Monday

Margherita Pizza
served with Sweetcorn and
Carrot and Cucumber Sticks

Tomato & Basil Pasta
served with Sweetcorn and
Carrot & Cucumber Sticks

Assorted Sandwiches
filled with Cheese, Ham or Tuna
served with Carrot and
Cucumber Sticks

Shortbread
or
Low-Fat Yoghurt and Fruit Salad

Tuesday

Pork Sausages
served with Creamed Potatoes and
Baked Beans

Cheese and Potato Pie
served with Baked Beans

Oven Baked Jacket Potato
filled with Cheese & Beans,
Cheese, Beans or Tuna served
with Mixed Salad

Fresh Fruit Salad
or
Chocolate Crunch or Frozen Yoghurt

Wednesday

Roast Beef
served with Roast Potatoes,
Yorkshire Pudding, Carrot and
Green Bean Medley and Gravy

**Vegetable Sausage in Yorkshire
Pudding**
served with Roast Potatoes, Carrot
and Green Bean Medley and
Gravy

Assorted Sandwiches
filled with Cheese, Ham or Tuna
served with Carrot and
Cucumber Sticks

Orange Drizzle Cake
or
Low-Fat Yoghurt and Fruit Salad

Thursday

Meat and Potato Pie
served with Pea & Sweetcorn Medley,
Crusty Bread and Gravy

Vegetable Korma
served with Pea & Sweetcorn
Medley and Rice

Oven Baked Jacket Potato
filled with Cheese & Beans,
Cheese, Beans or Tuna served
with Mixed Salad

Fresh Fruit Salad
or
Oaty Cookie or Frozen Yoghurt

Friday

Fish Fingers
served with Chips and Peas

**Crustless Cheese and Broccoli
Quiche**
served with Chips and Peas

Assorted Sandwiches
filled with Cheese, Ham or Tuna
served with Carrot and
Cucumber Sticks

Golden Syrup Sponge and Custard
or
Frozen Yoghurt or Fresh Fruit Salad

Available Daily: Fresh Fruit and Salad Bar

If you have any questions about food allergens, please speak to the kitchen team who will be happy to help.



HERON HILL PRIMARY SCHOOL

WEEK 3 (15/1, 5/2, 4/3, 25/3)

Freshly
made
every day!



DAY	CHOICE 1	CHOICE 2	CHOICE 3	PUDDING
Monday	Cheesy Pizza served with Oven Baked Potato Wedges and Mixed Salad	Sweet Tomato Pasta Bake served with Garlic Flatbread and Mixed Salad	Assorted Sandwiches filled with Cheese, Ham or Tuna served with Carrot and Cucumber Sticks	Custard Cream Cookie or Low Fat Yoghurt and Fruit Salad
Tuesday	Chicken Goujons served with Cajun Wedges and Carrots	Vegetable Chilli Nachos served with Rice and Mixed Salad	Oven Baked Jacket Potato filled with Cheese & Beans, Cheese, Beans or Tuna served with Mixed Salad	Chocolate Sponge or Frozen Yoghurt or Fresh Fruit Salad
Wednesday	Roast Chicken Fillet served with Roast Potatoes, Cauliflower and Gravy	Roast Quorn Fillet and Apple Sauce served with Roast Potatoes, Cauliflower and Gravy	Assorted Sandwiches filled with Cheese, Ham or Tuna served with Carrot and Cucumber Sticks	Plain Muffin or Low-Fat Yoghurt and Fresh Fruit Salad
Thursday	Homemade Beef Lasagne served with Mixed Veg and Mixed Pepper Salad	Veggie Bolognese served with Spaghetti and Mixed Pepper Salad	Oven Baked Jacket Potato filled with Cheese & Beans, Cheese, Beans or Tuna served with Mixed Salad	Fresh Fruit Salad or Cherry Shortbread or Frozen Yoghurt
Friday	Fish Fingers served with Chips, Garden Peas and Tomato Ketchup	Cheesy Whirls served with Chips, Garden Peas and Tomato Ketchup	Assorted Sandwiches filled with Cheese, Ham or Tuna served with Carrot and Cucumber Sticks	Jam & Coconut Sponge or Low-Fat Yoghurt and Fresh Fruit Salad

Available Daily: Fresh Fruit and Salad Bar

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