

Introduction

The 1decision resources have been created to provide schools with the flexibility to deliver PSHE lessons in line with the needs of your students. The needs of your students will vary depending on geographical location, local community, and social issues.

It is important that teaching staff understand our delivery guides are only a suggestion and to tailor our resources to the needs of their students and community.

Topics can be delivered as standalone PSHE lessons, or filtered into other areas of the curriculum. For example: our 'In-app Purchases' topic could form a maths lesson.

Within this document, you will find a year by year plan. This order of delivery is the most commonly used, and the one we suggest to most schools. Please refer to our module key below for further information on our module titles.

If you require any further assistance with the delivery of our resources, please do not hesitate to contact us at info@1decision.co.uk.

Module Abbreviation	5-8 Module Titles	Module Abbreviation	8-11 Module Titles
KSS	Keeping/Staying Safe	KSS	Keeping/Staying Safe
KSH	Keeping/Staying Healthy	KSH	Keeping/Staying Healthy
REL	Relationships	GAC	Growing and Changing
BR	Being Responsible	BR	Being Responsible
FAE	Feelings and Emotions	FAE	Feelings and Emotions
CS	Computer Safety	CS	Computer Safety
OW	Our World	TWW	The Working World
HW	Hazard Watch	AWWJ	A World Without Judgement
FS SPECIAL	Fire Safety (Special Module)	FA SPECIAL	First Aid (Special Module)

Suggested topic delivery overview - Year by Year Breakdown

IMPORTANT NOTE: If you are starting in Year 2/3, you should still start from the beginning with the Baseline Assessment from Year 1.

5-8 MODULES	KSS	KSH	REL	BR	FAE	CS	OW	HW	FS SPECIAL*
YEAR 1	Baseline Assessment	Baseline Assessment	Baseline Assessment	Baseline Assessment	Baseline Assessment	Baseline Assessment	Baseline Assessment	Baseline Assessment	Baseline Assessment
	Road Safety	Washing Hands	Friendship	Water Spillage	Jealousy	Online Bullying	Growing in Our World		Hoax Calling
YEAR 2	Tying Shoelaces	Healthy Eating	Bullying	Practice Makes Perfect	Worry	Image Sharing	Living in Our World		Is it safe to eat or drink?
		Brushing Teeth	Body Language	Helping Someone in Need	Anger	Computer Safety Documentary	Working in Our World	Texting Whilst Driving	
YEAR 3	Staying Safe	Medicine	Touch	Stealing	Grief	Making Friends Online	Looking After Our World	Is it safe to play with?	Summative Assessment
	Leaning Out of Windows								
	Summative Assessment	Summative Assessment	Summative Assessment	Summative Assessment	Summative Assessment	Summative Assessment	Summative Assessment		
									Summative Assessment

**Please note: Although the Fire Safety module features our young character Deedee, you may find that the lesson content is also suitable for older children.*

IMPORTANT NOTE: If you are starting in Year 5/6, you should still start from the beginning with the Baseline Assessment from Year 4.

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5-8 Module Tracker

NOTE TO TEACHERS:

Ask your students to write the date and the year group once each topic has been completed.

Keeping/Staying Safe					
Topic	Date	Year Gr	Topic	Date	Year Gr
Assessment - Baseline			Staying Safe		
Road Safety			Leaning Out of Windows		
Tying Shoelaces			Assessment - Summative		
End of Module Activity - Student Self-Assessment					

Keeping/Staying Healthy					
Topic	Date	Year Gr	Topic	Date	Year Gr
Assessment - Baseline			Brushing Teeth		
Washing Hands			Medicine		
Healthy Eating			Assessment - Summative		
End of Module Activity - Student Self-Assessment					

Relationships					
Topic	Date	Year Gr	Topic	Date	Year Gr
Assessment - Baseline			Body Language		
Friendship			Touch		
Bullying			Assessment - Summative		
End of Module Activity - Student Self-Assessment					

Being Responsible					
Topic	Date	Year Gr	Topic	Date	Year Gr
Assessment - Baseline			Helping Someone in Need		
Water Spillage			Stealing		
Practice Makes Perfect			Assessment - Summative		
End of Module Activity - Student Self-Assessment					

Feelings and Emotions					
Topic	Date	Year Gr	Topic	Date	Year Gr
Assessment - Baseline			Anger		
Jealousy			Grief		
Worry			Assessment - Summative		
End of Module Activity - Student Self-Assessment					

5-8 Module Tracker

Computer Safety					
Topic	Date	Year Gr	Topic	Date	Year Gr
Assessment - Baseline			Computer Safety		
Online Bullying			Making Friends Online		
Image Sharing			Assessment - Summative		
End of Module Activity - Student Self-Assessment					

Our World					
Topic	Date	Year Gr	Topic	Date	Year Gr
Assessment - Baseline			Working in Our World		
Growing in Our World			Looking After Our World		
Living in Our World			Assessment - Summative		
End of Module Activity - Student Self-Assessment					

Hazard Watch		
Topic	Date	Year Gr
Assessment/Lesson		
End of Module Activity - Student Self-Assessment		

Fire Safety					
Topic	Date	Year Gr	Topic	Date	Year Gr
Assessment - Baseline			Texting Whilst Driving		
Hoax Calling			Enya and Deedee at the Fire Station		
Petty Arson			Assessment - Summative		
End of Module Activity - Student Self-Assessment					

8-11 Module Tracker

NOTE TO TEACHERS:

Ask your students to write the date and the year group once each topic has been completed.

Keeping/Staying Safe					
Topic	Date	Year Gr	Topic	Date	Year Gr
Assessment - Baseline			Water Safety		
Cycle Safety			Adult & Children's Views		
Peer Pressure			Assessment - Summative		
End of Module Activity - Student Self-Assessment					

Keeping/Staying Healthy					
Topic	Date	Year Gr	Topic	Date	Year Gr
Assessment - Baseline			Alcohol		
Healthy Living			Adult & Children's Views		
Smoking			Assessment - Summative		
End of Module Activity - Student Self-Assessment					

Growing and Changing					
Topic	Date	Year Gr	Topic	Date	Year Gr
Assessment - Baseline			Conception		
Appropriate Touch (Relationships)			Adult & Children's Views		
Puberty			Assessment - Summative		
End of Module Activity - Student Self-Assessment					

Being Responsible					
Topic	Date	Year Gr	Topic	Date	Year Gr
Assessment - Baseline			Stealing		
Coming Home on Time			Adult & Children's Views		
Looking Out for Others			Assessment - Summative		
End of Module Activity - Student Self-Assessment					

Feelings and Emotions					
Topic	Date	Year Gr	Topic	Date	Year Gr
Assessment - Baseline			Worry		
Jealousy			Adult & Children's Views		
Anger			Assessment - Summative		
End of Module Activity - Student Self-Assessment					

8-11 Module Tracker

Computer Safety					
Topic	Date	Year Gr	Topic	Date	Year Gr
Assessment - Baseline			Making Friends Online		
Online Bullying			Adult & Children's Views		
Image Sharing			Assessment - Summative		
End of Module Activity - Student Self-Assessment					

The Working World					
Topic	Date	Year Gr	Topic	Date	Year Gr
Assessment - Baseline			In-App Purchases		
Chores At Home			Adult & Children's Views		
Enterprise			Assessment - Summative		
End of Module Activity - Student Self-Assessment					

A World Without Judgement					
Topic	Date	Year Gr	Topic	Date	Year Gr
Assessment - Baseline			British Values		
Breaking Down Barriers			Adult & Children's Views		
Inclusion and Acceptance			Assessment - Summative		
End of Module Activity - Student Self-Assessment					

First Aid					
Topic	Date	Year Gr	Topic	Date	Year Gr
Assessment - Baseline			First Aid - Year 5		
First Aid - Year 4			First Aid - Year 6		
Assessment - Summative			Student Self-Assessment		

Additional Content

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