



HERON HILL SCHOOL

WEEK 1 (W/C 2/9, 23/9, 14/10, 11/11, 2/12)



DAY	CHOICE 1	CHOICE 2	CHOICE 3	PUDDING
Monday	Pork Meatballs in Gravy served with Whole Wheat Pasta, Fresh Carrots and Garden Peas	Cheesy Omelette served with Herby Diced Potatoes, Coleslaw and Salad	Oven Baked Jacket Potato with a choice of Grated Cheese, Beans or Tuna served with Mixed Salad	Chocolate Ice Cream Roll with Mandarins or Cheese & Biscuits, Fresh Fruit or Yoghurt
Tuesday	Pepperoni Pizza served with Jacket Wedges, Garden Peas and Tomato Ketchup	Mince & Yorkshire Pudding served with New Potatoes, Fresh Cauliflower and Garden Peas	Oven Baked Jacket Potato with a choice of Grated Cheese, Beans or Tuna served with Mixed Salad	Fresh Fruit or Iced Vanilla Sponge & Milkshake, Cheese & Biscuits or Yoghurt
Wednesday	Roast Chicken served with Roast Potatoes, Fresh Broccoli, Fresh Carrots and Gravy	Leek & Potato Bake served with Crusty Bread	Filled Baguette with a choice of Grated Cheese, Tuna or Ham served with Mixed Salad	Sticky Toffee Pudding with Cream or Cheese & Biscuits, Fresh Fruit or Yoghurt
Thursday	Oven Baked Fish Fingers served with Chips, Garden Peas and Tomato Ketchup	Vegetable Lasagne served with Garlic Bread and Salad	Filled Baguette with a choice of Grated Cheese, Tuna or Ham served with Mixed Salad	Chocolate Crunch with a Milk Drink or Cheese & Biscuits, Fresh Fruit or Yoghurt
Friday	Sweet Tomato Pasta served with Crusty Bread and Mixed Salad	Sweet & Sour Chicken served with Brown Rice and Sweetcorn	Filled Baguette with a choice of Grated Cheese, Tuna or Ham served with Mixed Salad	Fresh Fruit or Cookie with a Milk Drink, Cheese & Biscuits or Yoghurt

Available Daily: Fresh Fruit and Bread!

If you have any questions about food allergens please speak to the kitchen team who will be happy to help.






HERON HILL SCHOOL

WEEK 2 (W/C 9/9, 30/9, 28/10, 18/11, 9/12)



DAY	CHOICE 1	 CHOICE 2	CHOICE 3	PUDDING
Monday	Chicken & Vegetable Pasta Bake served with Crusty Bread, Garden Peas and Salad	Fish Goujons served with Potato Wedges, Carrot Batons and Salad	Oven Baked Jacket Potato with a choice of Grated Cheese, Beans or Tuna served with Mixed Salad	Shortbread and Milkshake or Cheese & Biscuits, Fresh Fruit or Yoghurt
Tuesday	Cheesy Whirls served with 1/2 Jacket Potato, Peas and Sweetcorn	Fresh Chicken Drumstick served with Chips, Peas and Sweetcorn	Oven Baked Jacket Potato with a choice of Grated Cheese, Beans or Tuna served with Mixed Salad	Fresh Fruit or Iced Carrot Cake, Cheese & Biscuits or Yoghurt
Wednesday	Roast Beef & Yorkshire Pudding served with Fresh Roast Potatoes, Fresh Carrot & Turnip and Gravy	Macaroni Cheese served with Crusty Bread, Salad and Carrot Sticks	Filled Baguette with a choice of Grated Cheese, Tuna or Ham served with Mixed Salad	Strawberry Jelly and Fruit Cocktail or Cheese & Biscuits, Fresh Fruit or Yoghurt
Thursday	Locally Sourced Cumberland Sausage served with Creamed Potatoes, Baked Beans and Salad	Minced Beef Lasagne served with Garlic Bread, Coleslaw and Chopped Salad	Filled Baguette with a choice of Grated Cheese, Tuna or Ham served with Mixed Salad	Chocolate Sponge and Chocolate Sauce or Cheese & Biscuits, Fresh Fruit or Yoghurt
Friday	Breaded Salmon Fillet served with Potato Slices, Mixed Vegetables and Fresh Broccoli	Chilli Con Carne served with Rice, Mixed Vegetables and Fresh Broccoli	Filled Baguette with a choice of Grated Cheese, Tuna or Ham served with Mixed Salad	Fresh Fruit or Australian Crunch, Cheese & Biscuits or Yoghurt

Available Daily: Fresh Fruit and Bread!

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HERON HILL SCHOOL

WEEK 3 (W/C 16/9, 7/10, 4/11, 25/11, 16/12)



DAY	CHOICE 1	 CHOICE 2	CHOICE 3	PUDDING
Monday	Cheddar and Mozzarella Cheese Pasta Bake served with Garden Peas and Green Beans	Sausage Roll served with Potato Slices, Garden Peas, Green Beans and Gravy	Oven Baked Jacket Potato with a choice of Grated Cheese, Beans or Tuna served with Mixed Salad	Fruity Flapjack and Milkshake or Cheese & Biscuits, Fresh Fruit or Yoghurt
Tuesday	Cottage Pie served with Broccoli and Beetroot	Fish Fillet served with Chips, Peas and Tomato Sauce	Oven Baked Jacket Potato with a choice of Grated Cheese, Beans or Tuna served with Mixed Salad	Fresh Fruit or Raspberry Muffin and Cream, Cheese & Biscuits or Yoghurt
Wednesday	Roast Pork & Apple Sauce served with Roast Potatoes, Fresh Carrots, Fresh Cauliflower and Gravy	Chicken Korma served with Brown Rice, Naan Bread and Salad	Filled Baguette with a choice of Grated Cheese, Tuna or Ham served with Mixed Salad	Iced Marble Cake and a Milk Drink or Cheese & Biscuits, Fresh Fruit or Yoghurt
Thursday	Cheese & Tomato Pizza served with Potato Wedges, Carrot & Cucumber Sticks and Salad	Crispy Chicken Fillet in a Bun served with Salad and Sweetcorn	Filled Baguette with a choice of Grated Cheese, Tuna or Ham served with Mixed Salad	Kitchen Made Syrup Sponge and Custard or Cheese & Biscuits, Fresh Fruit or Yoghurt
Friday	Spaghetti Bolognaise served with Garlic Bread and Salad	Cheese & Potato Pie served with Chopped Mixed Salad, Coleslaw and Baked Beans	Filled Baguette with a choice of Grated Cheese, Tuna or Ham served with Mixed Salad	Fresh Fruit or Chocolate Brownie, Cheese & Biscuits or Yoghurt

Available Daily: Fresh Fruit and Bread!

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